

MAGAZINE OF THE YOUNG!

VOLUME 2 ISSUE 1 MUMBAI DECEMBER, 2017 PRICE ₹40

YOUNG PULSE

WWW.YOUNGPULSE.IN



***1 Year Of
Masti!***

FIRST LOOK

Hair . Skin . Nails . Spa . Weightloss



SPECIAL DISCOUNT OFFERS FOR STUDENTS

Our New Services include

- Hair Extensions
- Nail extensions & Nail Art
- Eyebrow Correction (Permanent)
- Eyelash Extensions

50%
Off*

G2, Megor Arcade, M. G. Road, Ghatkopar(East), Mumbai - 77
Mob.: 91670 32632, Ph. No.: 2506 0056

*Terms & Conditions Apply

BEGINNER'S

HAIRDRESSING COURSE

You have it in your power to
begin with the **BEST**

Starts 11th December '17

BOOK NOW

+91 9769100070



vipul chudasama

HAIR EDUCATION • STUDIO

Jasmin House, 2nd Floor, Pali Village, Pali Naka, Bandra west, Mumbai - 400 050

E : education@vipulchudasama.com

www.vipulchudasama.com



Your Closet

WALK IN FOR YOUR CLOSET

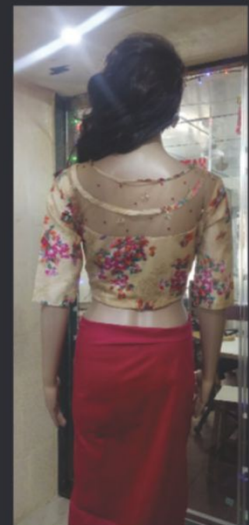


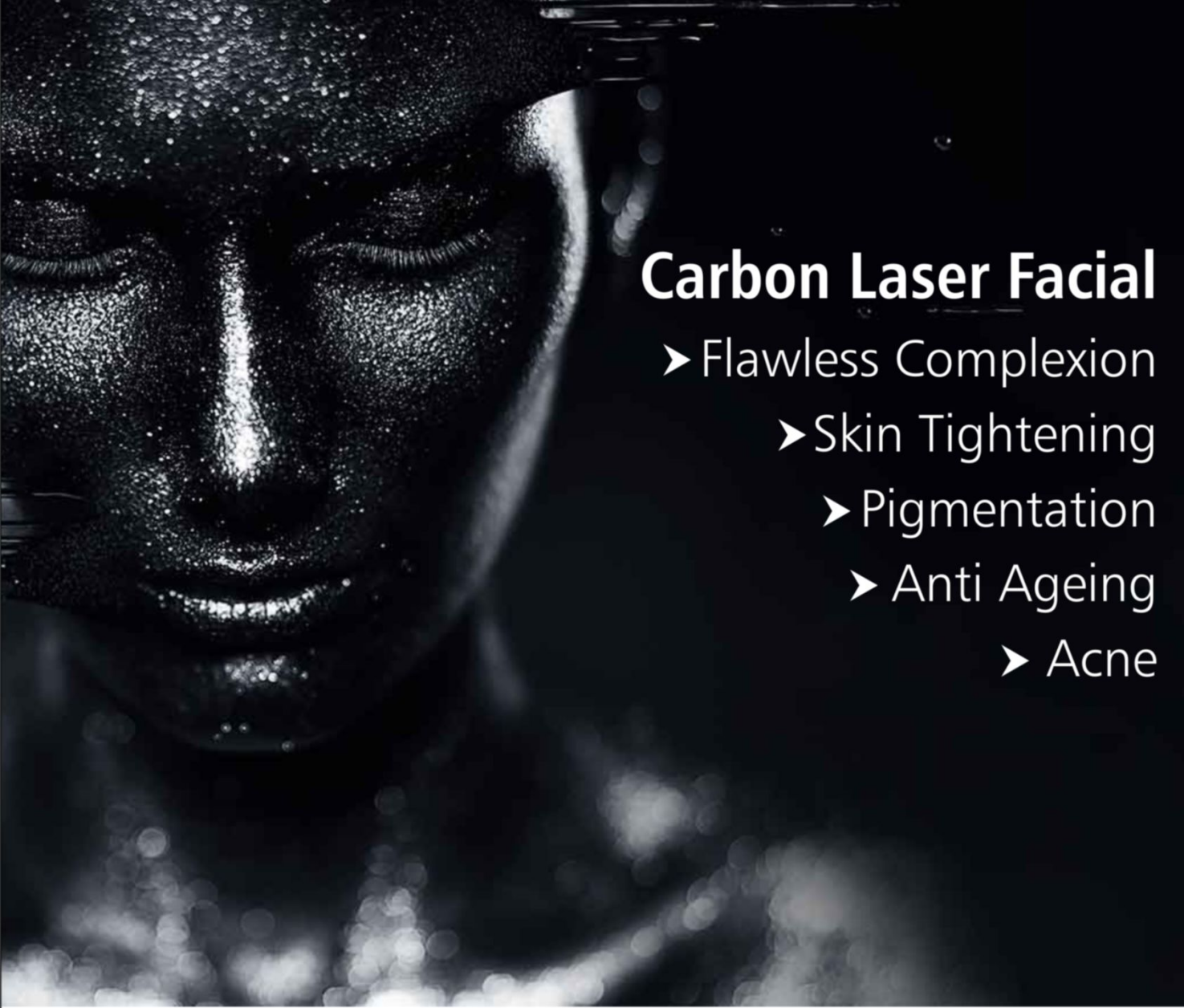
- Kurtis
- Plazzos
- Pants
- Short kurtis
- Leggings
- Gown
- Nighty
- Night Suit
- Clutches
- Purses
- T-shirt
- Cosmetic
- Artificial jewellery
- Jeans
- Cotton pants

We take stitching orders also

+91 79777 26180

Shop no.7, Aakash Ganga Co-op Hsg Society,
S/L/Raheja Marg, Near Raheja hospital,
Mahim (W), Mumbai-16





Carbon Laser Facial

- ▶ Flawless Complexion
- ▶ Skin Tightening
- ▶ Pigmentation
- ▶ Anti Ageing
- ▶ Acne

Come - Explore & Experience **AATM** Services

Hair Innovation

Hair Restoration
Hair Transplant

Medi - Spa

Detox Therapy
Aroma Therapy

Skin Innovation

Face Sculpting
Laser Photo Facial



aatm
BODY CLINIC

101, 102, Platinum Mall, Jawahar Road,
Ghatkopar (E), Mumbai-400077

77-000-786-77 | 77-100-786-77

www.aatmclinic.com

10



MY WORLD

| 10 | BEST COLLEGE LIFE HACKS

A wonderful Journey! This one's on the emotional plane. Love is more than just a one-time experience says Ravika.

| 20 | PARIS

Looks pretty in the rains...

| 34 | LOVE AT FIRST SIGHT!

Is It For Real?

12



PERSPECTIVE

| 12 | BEING INTERVIEWED?

Having presence of mind can save your day!

| 14 | BADLY NEEDED...

More IIMs, IITs, IAS, IPS, IRS, IES and the likes, on every street

| 16 | DIGNITY PERSONIFIED

How a small boy changed my view about life

| 19 | CARBON PEEL LASER FACIAL

Revolutionized facial rejuvenation that is safe with no downtime with more predictable outcome

| 21 | TRIAL BY MEDIA

Does It Help Us In Any Way?

| 24 | ENTERTAINMENT

Why Should It Be A Part Of Our Lives?

| 30 | ZUMBA

What's it all about..

| 40 | INDIAN MOVIES

Do they influence our outlook towards our society?



24

EVENTS

| 18 | HOONER 2017

Hooner is the Annual fest of K J Somaiya College of Arts and Commerce to be held in December.

| 27 | JIO MAMI FESTIVAL

Faces that made Mumbai Film Festival!

REGULARS

| 29 | MOVIE REVIEWS

| 25 | BOOK REVIEW

| 32 | THOSE OOPS! MOMENTS

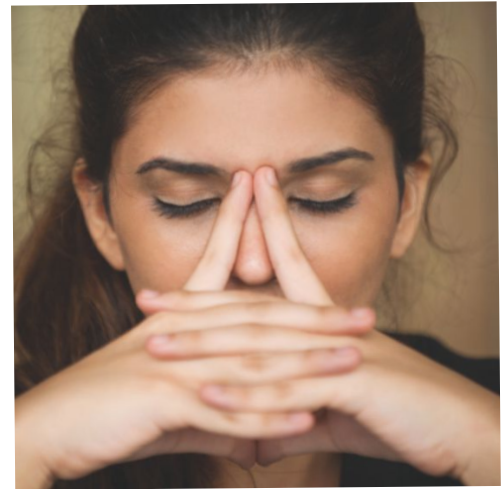
| 41 | STAR GAZE - TAYLOR SWIFT

| 36 | STAR CRAZE

| 38 | FASHION

| 42 | PUZZLES AND MORE

34



ETC

| 07 | INBOX

| 22 | MONTHLY PLANNER

PUBLISHER

Pramod Francis Farias

EDITOR

Pramod Francis Farias

ASSOCIATE EDITOR

shajesh Menon

SUB EDITOR

Harshad Surve

CONTENT MANAGER

Reshma Farias

CONTENT WRITERS

Prof. DK Chellani

Dipal Rokadia

ADMINISTRATION

Jitendra Devadiga

CREATIVE AND ART DIRECTOR

Raghav Shamji Maru

PHOTOGRAPHER

Vishal Khare

DESIGNS

Madhavi Varhadpande

ADVERTISING

Rajesh Undi

Deepak Mogariya

CIRCULATION & SUBSCRIPTION

Rajesh Undi

CONTACT DETAILS

Tel: 022-67252040

Email : edit@youngpulse.in

Web : www.youngpulse.in

All rights reserved. None of the information contained in this publication may be copied, otherwise reproduced, repackaged, further transmitted, disseminated, redistributed, resold or stored for subsequent use for any such purpose, in whole or in part, in any form or manner or by means whatsoever, by any person without the prior written permission of *Young Pulse*

The editorial board may or may not concur with the views expressed by various authors in this magazine.

Printed and Published by Pramod Francis Farias on behalf of Trinity Data Systems Private Limited, printed at M.B. Graphics, A-38 Shri Ram Industrial Estate, G.D. Ambedkar Road, Wadala (E) Mumbai 400 031, Maharashtra and published at Trinity Data Systems Private Limited, 721 Reena Complex, 4th Floor, B Ramdev Nagar, Vidyavihar Ghatkopar, Mumbai 400086.

Editor: PRAMOD FRANCIS FARIAS

ED'S NOTE



HAPPY ANNIVERSARY TO US!

Here we are in December.. Almost the end of 2017!

The best news is that *Young Pulse* is 1 year old!

Started in December 2016, we are happy to announce this. *Young Pulse* wants to be the magazine that every youngster today would love to read and make it a part of their lives.

And yes we have succeeded in attaining this goal to a very great extent as planned. What we started is now a wonderful media that exclusively caters to college students and the youth. We receive lots of emails from young writers, photographers and graphics designers who want to be a part of our organization. Many institutions want their events to be covered on *Young Pulse* and this really makes us feel proud!

We would like to thank each of our reader and everyone who contributed to our success in helping us move this forward.

And being December let me not forget that this is the time for college fests! Hope all of you have a good time!

And wishing you all a Happy Christmas and a Happy New Year!

PRAMOD FARIAS
edit@youngpulse.in

HAPPY TO HAVE YOU HERE!

THANKS FOR YOUR EMAILS AND WHATSAPP MESSAGES! THIS PAGE MAKES US FEEL WONDERFUL KNOWING THAT YOU GUYS REALLY ENJOY READING YOUNG PULSE

ANNIVERSARY WISHES...



I'm happy to know that *Young Pulse* will be 1 year old. Congrats guys and keep doing the good work! I still have the first issue of your magazine :)

Kinjal Gala
RA Podar College

Congratulations! You guys rock especially with the college events you cover. *Young Pulse* is the only magazine I find on the newsstands that's specially for youngsters. Good luck guys.

Chetan Suvarna
Malad

I remember the first time I came across your magazine at Crossword and I'm really a big fan of you guys! I try to get almost all the issues. However at times I don't find them at Crossword. Good job and all the best!

Nisha M
Mulund

SEND YOUR THOUGHTS

- @youngpulsemag
- /youngpulsemag
- www.youngpulse.in
- inbox@youngpulse.in

Let us know what you think of *Young Pulse*. Send us your thoughts whether you are happy or angry or indifferent about us, we would love to hear it from you.

We want *Young Pulse* to be your magazine. Give us your ideas. You can even join us by registering yourself at

youngpulse.in/join

We would be glad to have you onboard!

BEAUTIFUL ALASKA

Hi! The article on Alaska (Alaska - Adventure awaits out here! in October issue) was awesome. I felt as if I am really there! Please include travel articles in each issue!

Also include a few good places to travel in India as there are lot of places in India too!

Rashmi
Thadomal Sahani

The Alaska article was too good. I wish I could go there too.. maybe some day! hehehe... Good work guys!

Vanessa D
Mitibai College

MRS. INDIA

Your interview with Mrs. India was very nice. Normally people feel that once a person is married then most of the opportunities are closed to that person but it all depends on us. If we really want to make a change to ourselves and the society we can definitely make it.

Manisha Sanghvi
Pune

I liked the pictures of Mrs. India in the October issue. Print more pictures of celebrities.

Vasant Mankad
Santacruz (E)

ETC. ETC.

The articles on career by Karan Khona are indeed very helpful. Please include such articles by other people too.

Anisha Lobo
St. Andrews College

The article Life Unpredictable was very much in synch with today's world. We all live our lives as if this is forever. However we must remember that we must do something good for people around us so that we are remembered for our work forever.

Narednra Singh
Khargar

Email us: inbox@youngpulse.in

Best College-Life Hacks

Quick Guide to help yourself through your college life!

College life is always looked at as a part of our life when we are independent to take our own decisions, wear what we like, eat what we love and of course not having to bother about the responsibilities that follow after we graduate and take a job.

However let's face it. College life is also not a cakewalk. We have to go through so many issues. Peer pressure, examinations, relationships, financial crisis (at times we have to give up chai at canteen too!)

We look at a few ways to make our college lives easy here:

Exams

Study and revise and complete all your projects regularly. Don't wait for the last month to start studying. Make it a habit to keep yourself updated on all the academic requirements of the college. Meet the professors and discuss with them the topics which probably you didn't understand. Ask them what to focus on more. They will surely guide you which will help you get good grades!

Make friends

Make friends not just with your classmates but also with the seniors and professors. Seniors can guide you better as to how to go through the college life. They can also be helpful once you graduate in finding good placements for you as they are more experienced in the job market by the time you graduate.

Audio not text

It has been found that when you listen to a spoken word it has a better chance of getting engrained in your brain especially if it's your own voice! So for once, use the Sound Recorder feature of your cellphone, record your voice as you read the important chapters or notes and then listen to it on your headphones when you are travelling. See how easily to recollect those boring formulae!

Enjoy

Invest your time in "Experiences". Be it going for a party with friends or a movie or a play or some sports event. Do something that interests you with your friends. Get a wide variety of experience on different aspects of life so that you mind starts to decide what you are best at.



College is the best time to learn critical life skills, enjoy your adulthood and create memorable experiences

Work in teams

Working in teams will be very useful during your work life. It is better if you start it in college where you get a lot of chances to do the same. Join the event management group that organizes various college events so you are obviously bound to work co-ordinating with each other.

Finances

Make a monthly budget of the money you will receive and how much of it will be spent by you. Do not overspend. Allocate amounts for food, movies, picnics, etc. This will help you plan your budgets later in life too. You can install a smartphone app too that will help you keep track of your spending.

Health

Keep yourself healthy. Drink lots of water. Do some regular exercise like brisk walking or yoga. Do not over consume food that you know will bring down your energy levels. When you are with friends insist on eating at hygienic restaurants only.



देना बैंक
DENA BANK

(भारत सरकार का उद्यम)
विश्व स्त पारिवारिक बैंक

अपने भविष्य को दें नयी उडान



देना विद्या लक्ष्मी शैक्षणिक ऋण योजना

www.denabank.com

देना है तो भरोसा है !

Being Interviewed?

Having presence of mind can save your day!

Almost all of us have heard about Job interviews and most of us may have already given a job interview for a summer job or plan to give one soon. The lucky ones planning to start their own businesses or take over their family businesses may not have to worry about Job interviews. So why is there always a sense of suspense and seriousness when it comes to Job interviews? Why have job interviews to be so formal. Many a times apart from your academic qualifications, the interviewer also tests your presence of mind. That's where the fun begins!

Vikas Sarangi remembers his first interview when a MNC was hiring. "I wanted to show the interviewer that I will be loyal to the company. I said I will do anything for the company at which he sarcastically said 'will you jump from that window if I asked you to?' I said 'yes - sure'. At this he told me I am being over dramatic. I knew I was losing ground but had to reply him. So I said 'Sir you just told me if I could jump. You didn't tell if I have to jump in or out! Definitely I meant jumping inside the room! He has a good laugh and I was hired!"

There's a story told about how an interviewer asked

the candidate to chose between one hard question and 10 easy ones. The candidate chose one hard question at which the interviewer asked him whether the chicken came first or the egg. The candidate promptly replied ' chicken' at which the interviewer asked him 'how can you explain it?' and the candidate reminded him that he was to answer only one hard question!

"I was once asked the length of the table between me and the interviewer," says Ramesh

Anand about his campus recruitment days. "My request to let me have a measuring scale was turned down. After few seconds I told my interviewer that the length of the table was approximately 72 inches. he was taken aback and asked me how I came out with the precise length at which I told him that my resume which was on the table was printed on A4

paper. That's around 8 inches by 12 inches. So I mentally calculated that I could fit some 6 A4 sheets on the table. He was quite impressed and yes I was selected!"

Sometimes the interviewers try to confuse you too says Kanika Singh. "I remember being asked 'What is You' and I was like dumbfounded. Shouldn't it be 'What are you' or 'How are you? Why 'What is you'. I said I'm a fresher thinking that the guys grammar is really poor. He said 'I asked what is you'

suddenly it occurred to me what he was asking and I said 'You is a pronoun!"

A story is told about how a candidate was told to stand out of the cabin for some time when he went for the interview. He stood out there for a minute, 5 minutes, 10 minutes and no one called him. After few more minutes he was about to give up and leave the office when he was called in. Actually they were testing his patience as he had written that his strength was patience!

"Normally candidates come for interviews expecting us to ask questions only about their academics," says Veena Merchant who works as HR head at a well known tech company.

"Yes of course academics are important because we need to know the level of knowledge a person has - so that he can fit in the profile. However at times they may face a situation wherein they may have to use their gut feeling or think out of the box. It could be handling a pesky customer or some emergency on the work floor. Posing such questions or situations during the interview help us analyze their overall personalities," she adds.

Yes indeed. At jobs we may

be called to exhibit all our talents day in and day out. The recruiters know that very well. How we react to the environment around us in a challenging situation really can take us up on the career path. So guys! Good luck to you at your next interview!

-Nikita Lad



At times candidates may face a situation wherein they may have to use their gut feeling or think out of the box

now love your
skin & hair
MORE



Sameera's
FAMILY SALON AND SPA



**groom
live
shine**

Beauty & Skin Care
Hair Styling
Spa &
Hair Treatment



CALL NOW
for appointments
7710834029
022-49701220

FOLLOW US ON



ADDRESS:

26, Haji Habib Building, Behind Kohinoor Electronics,
Near Karishma Bar and Restaurant,
Madhavdas Pasta Lane, Dadar (East), Mumbai-400014

www.sameerasalonandspa.com

Badly Needed...

More IIMs, IITs, IAS, IPS, IRS, IES and the likes, on every street

The Thanksgiving weekend was celebrated in the USA very recently, and many would wonder what relevance it has to India. More so, you will wonder what the title of the article has to do with it!

Thanksgiving is not just an American phenomenon. Thanksgiving Day is a national holiday celebrated also in Canada, some of the Caribbean islands, and even of all places, Liberia. It began as a day of giving thanks for the blessing of the harvest. Similarly named holidays / festivals occur in Germany and Japan, and of course, not to forget our own country India. Although Thanksgiving has historical roots in religious and cultural traditions, it has long been celebrated as a secular holiday as well.

With what is going on in our country, I think it is time to celebrate the same in India, possibly the way it is celebrated in USA for the past many decades. That's the time of the year Americans say "Thanks" to their parents, relatives, friends, clients and mentors. Though, now not really connected just with the harvest, Thanksgiving connects families and many people working together. You see children coming home to their parents for a great family dinner this time of the year, and it is the time when you see a huge surge in traffic on the interstate highways, the airports etc.

"Thanksgiving" by itself, is what Indians have almost forgotten. That is precisely what we must start learning and also training young people in this country. If you watch the TV debates on various channels in India, what are we getting known for?: Insulting others, Criticising others, Backstabbing, Playing office politics, Corruption, Open fights- physical or otherwise, reckless and mannerless driving, misbehaviour towards women? (in comparison, watch the polite way in which debates happen on BBC and CNN). This is the best sign of India as a country, deteriorating in ethics and public behaviour.

Today, we are not able to appreciate a single good thing that is going on in our country. We are not able to applaud any good work done by anyone. We have also stopped appreciating good manners and propagating the same. All that the younger generation, as well as the older ones, are now learning, is how to find faults, how to make more money, how to become more popular, how to push others behind to go ahead. We are not able to develop basic courtesies in life, have basic manners in place and follow basic public rules. From the way top political leaders talk in TV debates and argue in a manner less way, industrialists looting banks and disappearing abroad, down to the ordinary citizen not following basic traffic rules and courtesies, all are signs that from



top to bottom that we are now a society that has no basic grooming in place or we have lost all the values we had.

To ensure that we change over years and not get recognised as "one of the fastest and largest economies BUT with low morals, ethics and manners, the time has come to revamp our education system- from KG to PG!

We need more IITs, IIMs, IAS, IPS, IES and IRS and the likes. Surprised? Please read on. I mean we do not really need any more of the elite institutes producing well paid monsters who possibly make a difference to their own pockets, BUT we need on every Indian street- Indian Institutes of Thanksgiving, Indian Institute of Manners, Indian Appreciation Services, Indian Privacy Services, Indian Ethical Services and Indian Reciprocity Services. We need to change the mind set, manners and behavioural training of our future generations, starting from the school level. We need basic changes in our society for the masses and not just focus on imparting high level education for a small fraction of our society. The change in our behaviour will take us a long way into the future and benefit the future generations to come. It is time to focus on the basics. We need a huge cultural change happening all across the society to take this great nation forward. Otherwise we are bound to have a tagline very soon....."Just economic development, no ethics".

Lets begin from home, thanking all those who mattered in your life right from your early days. Why should we celebrate only Valentines Day? Let start Thanksgiving too.!

Written by Dinesh Bandiwadekar
Director www.personaacademy.in

Colleges, Business Owners, Parents...
Ever Wondered
What Happens On Your PC In Your Absence?
Now See it...!



PCMONITOR

Why Monitor?

As a college you may want to guide your students towards proper Internet usage
Let them know they are being monitored
So you know they are Safe in the cyber world

As an Employer you may want your Employees to use your assets effectively
Let them know they are being monitored
So you know office hours are not wasted on unproductive net usage

What is PCMonitor?

PCMonitor is a software that resides on all your computers or laptops and takes snapshots of the computer screen for your viewing.
You as a college or owner of a business can at your leisure view these snapshots from anywhere in the world using a normal internet browser!



So Now Know what's happening in your absence!



Trinity Data Systems Pvt. Ltd. 721, Reena Complex, Opp Vidyavihar Station West
Mumbai 400086 India, Phone +91-9821048866 info@pcmonitor.in

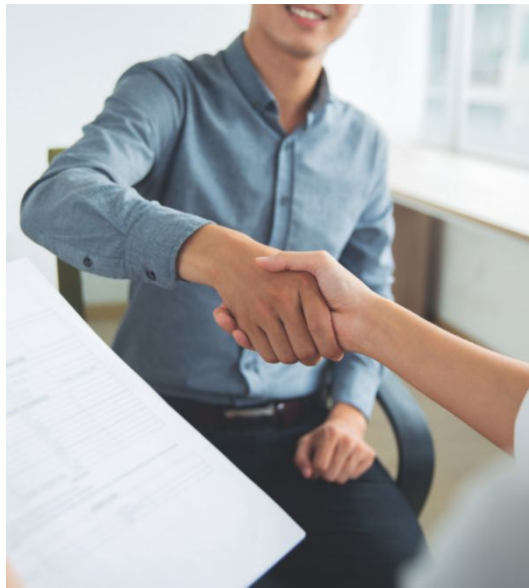
www.pcmmonitor.in

Dignity Personified

How a small boy changed my view about life

It was a bright Sunday morning when I was sipping tea from my cup, standing in the balcony - fascinated by the beautiful view of the nature, rejoicing the cold breeze playing with my open hair, the sunrays finding its way through the tree leaves to touch the ground, flowers blossoming with the sunshine and birds chirping melodiously. It is rightly said that Sunday is a day to refuel your soul. Taking deep breath and relaxing on the couch, I found myself lost in some thoughts. It was my mind that was still stuck recollecting the incident I had encountered the other day.

I had a sudden plan to a coffee shop. The place where the coffee shop is located is always thronged with many youngsters hanging around and making the full out of their youth life. I could also spot financially poor people trying to earn some handsome amount. India being a developing country and trying to make progress has made a law against Child Labour but as we proudly say that, 'Rules are meant to be broken', I could see many small kids - some spreading their hands in front of the people while some running behind them, convincing hard to buy their commodities. Parking the vehicle, me and my sister headed to the coffee shop, shooing off the kids running behind us.



Be it a Coffee or Champagne or Chocolate or Cash, it won't be difficult to admit that all the good things start with "C". A cup of coffee shared with a friend is happiness tasted and time well spent. Slurping and enjoying the taste of every sip of the coffee, we had a heartful of gossips. Paying our bill, we left the coffee shop. Meanwhile - ignoring, avoiding and shooing away kids running behind us, we were just about to reach the parking slot when we heard a sweet but tired voice calling us "Didi" from behind. Attracted to the voice, we turned back instantly to see a boy wearing torn boxer and an untidy shirt having holes. His one hand was occupied with few varieties of stickers while other one holding a bag filled with bundles of stickers. He started advertising the stickers, trying his level best to convince us to buy few of them. We gently denied him as the stickers were of no use to us. Heading towards the vehicle, we could find ourselves uncomfortable with some

sort of silence accompanying us - the silence of anxiousness. Realizing that not helping him could make us uneasy, we made a decision of coming to the aid by giving him some penny instead of buying the stickers. We happily went to him, offering the money only to our surprise that he was denying it. We started to persuade him to take the money only to hear a NO from him. We tried apprising him that we don't need the stickers as they are of no purpose to us but we are from the bottom of the heart willing to help with some money instead.

Who won't be tendered to have free offerings?? His rebuffs made us wonder as he refused to take the money for free. At last, tired of convincing him, we were curious to know his reasons for the denial. His replies were like thunderbolt to us. He elucidated that, "I don't want to count myself as a person who appreciates free money instead I prefer working hard and struggle to earn them. Free offerings will make me lazy however earning them will always make me aware of its materiality." These words from a 8 year old boy made us tongue-tied. Me and my sister looked at each other with a smile because of his wise nature. Without any second thought we bought few stickers from him, with the only motive of funding him. We could see a pale smile appearing of his face with a spark in his eyes for the success to be earned which patently expressed his thirst for education. Blessing him we got apart. This time joy accompanied not only us but maybe also with him.

There are thousands of children out in the world who are keen to acknowledge themselves but they are unable because of their poor nick. It certainly won't be baleful or forfeiture to spend some amount on such needy people.

There is a phrase in Hindi language saying, " Chhota muh ; badi baat!", which definitely goes to this 8 year little kid. He sure was a small little boy but his acts and words were like a matured man. Someone said it rightly that - "Maturity has nothing to do with the age". He taught me to struggle to accomplish my dreams. He taught me - no matter what ; never lose your dignity. He also taught me that no work is great or small. The ultimate goal of labour is and will always be to better the standard of life for all who work for wages and to decency and justice and dignity.

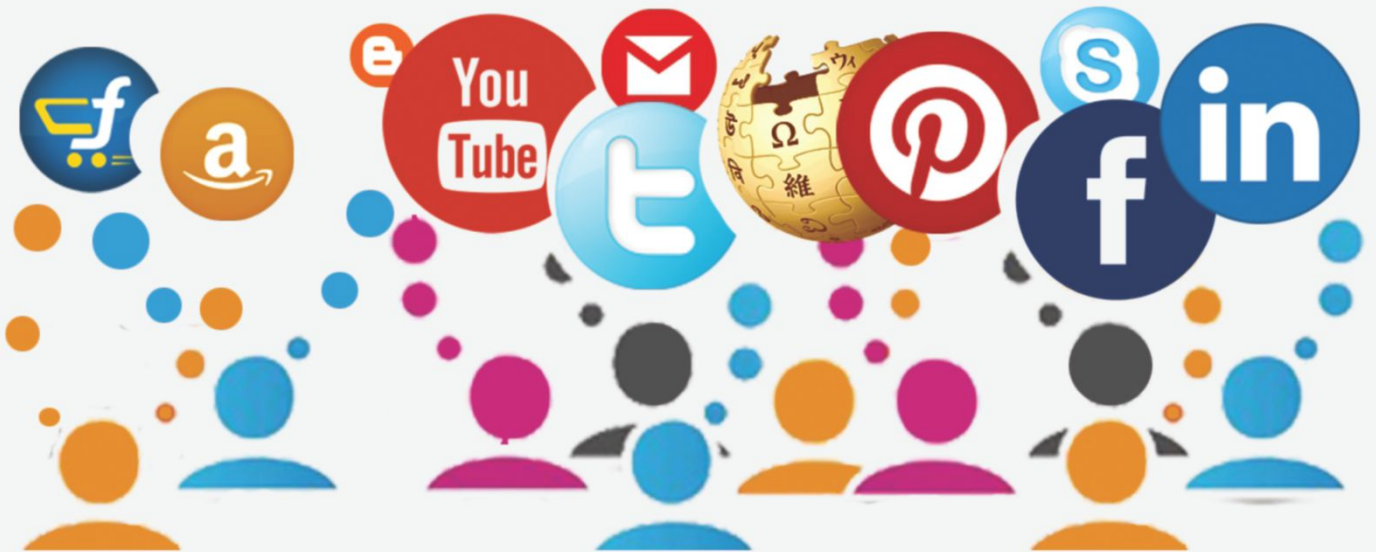
-Ravika Shirke



Experience High-Speed Unlimited Internet with Fiber Optic Connectivity

**Experience the power of 10Mbps Internet with unlimited peering,
which makes your videos & surfing buffer free.**

100% Unlimited Internet
10Mbps@999/- only



To know more about broadband plans & other value added services,
visit us at www.wnet.net.in

IMPATIENCE IS THE NEW LIFE

LIVE IT WITH **WNET**

BROADBAND

Call **022-61125555**

Mail us at support@wnet.net.in

visit  www.wnet.net.in

HOONER 2017

The Countdown Begins!



December is the time when winter has just set in. It's the time for festivals, weddings and vacations. But amongst all that, one of the most anticipated college festival takes place. 'Hooner' - the inter-collegiate fest of K.J.Somaiya College of Arts and Commerce (Degree) is at its prime. And with this year's theme - 'Cosmos' the fest has begun with an awesome start.

Man has the sense to influence the future. The sense to dream and the sense to achieve. The very existence of a man is this Universe, that is Cosmos.

Cosmos is defined as the Universe, the Uncharted World. But it can be described as one's desire to achieve their dreams that can take them on a journey beyond horizons and taking a leap into the unknown. Hooner celebrates India's space venture, the launch of 104th satellite by Indian Space Research Organisation (ISRO). This year's theme based events are eye-catching, adventurous, fun and full of excitement. Events like Spidernet, Maze, Product Shoot, Race Against Time, Treasure Hunt, Fine Art Quest are a must for participation. Pre-events like Anchorship, Cosmos Poetry, Musically, Caption The Picture, etc. have set Hooner'17 into motion. Other pre-events like Flashmob and Funfair are scheduled on the 14th and 15th December respectively. The main event takes place on the 19th, 20th & 21st of December. On 19th are the intra-college events while on 20th and 21st are the inter-collegiate events. So mark up your calendars and let the spirit of Hooner sink in.

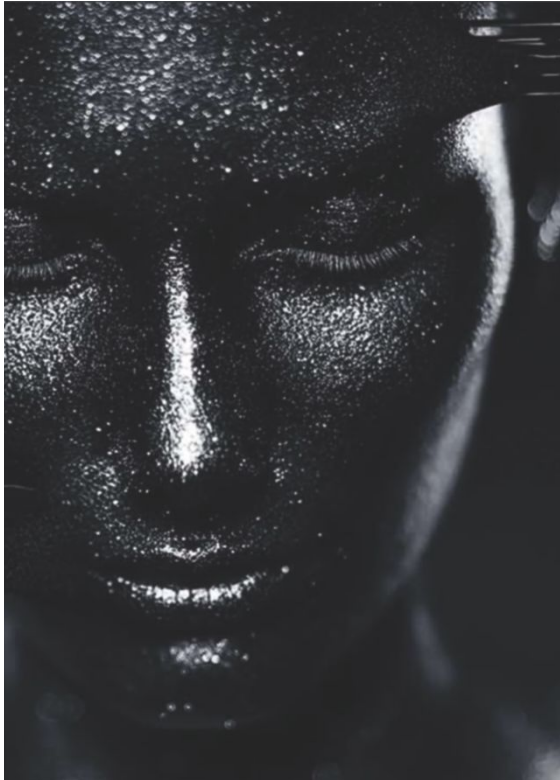
Hooner, giving you the adventure of a lifetime presents you with the theme - 'Cosmos': A journey beyond horizons...

At KJ Somaiya
College of Arts and
Commerce
19-21 December,
2017



Carbon Peel Laser Facial

Revolutionized facial rejuvenation that is safe with no downtime with more predictable outcome



Shed away the years from your face by getting rid of stubborn skin imperfections inside out.

Leave your skin with uniform skin color, reduced pore size, toning by collagen stimulation, skin resurfacing and reduction in oily skin type.

Laser for skin imperfections i.e. Dark spots/ Pigmentation (due to hormones and sun damage), unwanted freckles, acne scars, large pores, scars and even facial hair, wrinkles and fine lines.

Matter of fact is that it's non-ablative - lasers does not injure the skin's surface. It targets the imperfections and brings them up to the surface to lessen or remove them which is found very effective because of the controlled accuracy and strength in targeting deep layers below the skin's surface.

No. of Treatments Required : 3-5 treatments depending on your skin texture and lifestyle

Gap Between Treatment : Spaced 20 days to a month apart as it brings the imperfections up to the surface, it can take time to see the full results that you want.

Suitable for : Men and Women

Recovery Time : Little to No downtime

Procedure Experience : No pain - depends on your pain tolerance. During procedure it feels like you're being snapped lightly by a rubber band.

Special Creams : No need for special facial creams or ointments - only Sun Protection Cream.

How is it different compared to other facials and Chemical Peels?

Skin imperfections are like weeds - if you pull a weed, the weed will come back again and again as the roots are left there. With laser, we target imperfections from the core so the results are predictable and consistent. Other treatments targets the skin from surface only and results can be unpredictable and inconsistent.

In due course of time one might get some sun spots, fine lines due to age progression and environmental toxins. But because you took care of the issue at its core, you will need to maintain the skin at the surface level, and with less frequency.

Benefits of Carbon Laser Skin Rejuvenation for Anti-Ageing/Acne/ Large Pores

Anti- Ageing - Reduces fine lines and wrinkles and premature signs of ageing and stimulates collagen growth

Skin Texture - Improves skin radiance, skin tone and texture
Oily Skin - Reduction in oily skin, shrinks the sebaceous gland size up to 30%

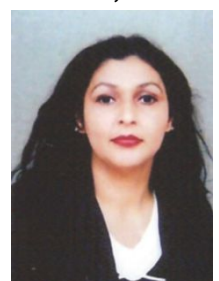
Dry Skin - Exfoliating dry skin

Pigmentation - Yellow/brown pigmentation patches fade or disappear

Scar shrinkage (must be young scars of smaller diameter)

You will enjoy a more even complexion and texture, and appear more youthful.

For More Information Call:
aatm Body Clinic
77-000-786-77
77-100-786-77
or visit
www.aatmclinic.com



Paris

looks pretty in the rains

“Aaje toh theplaj khaava padse. Gai kal nu bau gadbad karididu”

This sentence, oddly translated to “I’ll have to eat thepla today. Yesterday’s food messed up my system” resounded in the lift taking us up to La Magnifique Tour Eiffel.

Doesn’t it sound more beautiful when you say it in French? However, it does not feel the least bit enticing if you overhear a Gujarati couple discuss their faulty digestive system on your way up to the third tier of the iron lattice after an hour long queue to get the ticket, drenching yourself in rain in the process and freezing balled fists digging in your over coat. The weather in Paris, does make you believe that Mumbai has the best climate and weather conditions in all of the world. Especially when it’s your last night in the city of love.

Nonetheless, after making my way up, the Gujarati couple in tow, I climbed the stairs leading up to the highest place in all of Paris. Where every Middle Class Indian- Just Married- Sanskari Bahu and Aagyakari Beta dreams of being a little less Sanskari and a little more Non-Indian.

Paris, looks pretty in the rains. It looks prettier with its French signboards and road side cafes. It looks prettiest with a bride and groom, kissing each other in their wedding clothes under the night sky on the top of The Eiffel Tower.

I put in a cent to look through the telescope and shift its axis for a better view. The Seine, creates a yawning divide right in the middle of the city, lighting up slowly under in the twilight. The Place De La Concorde, the largest square in the French Capital, glows as bright as the bridges masking the river.

The old buildings on one hand remind me of The Louvre. The Mona Lisa resting her hand on the arm rest, smiling secrets and the intrigue of its artist. The Arc de Triomphe on entering the city, capturing the happiness of a traveler. Café Marquis, Will Tryanor’ favorite from Me Before You and of course, L’Artisan Parfumeur. The Tuileries Garden between the Place De la Concorde and The Louvre, where Mr Jogi went on one knee



for his French bride. The Gothic Notre-Dame Cathedral which closes in on you as you stare up at its ceiling, the carvings and paintings and all the old rustic arches making you feel at home.

I’m looking through the grill, face plastered on it when a kid bumps past me and laughs his childish laugh. I smile at the thought of Disneyland. No matter how old you grow, amusement parks always top the list of making merry. Particularly when you are with your group of hooligans, acting no better than just that.

A soft song plays in the background, the French lyrics settle in the air and I turn around to find the bride and the groom dancing in circles. The Gujarati couple stands close behind them, arms rounded, swaying to the low tempo. I look at the happy couple and know that there, right there is what Paris is. It’s vintage and new, flan and croissants, bars and restaurants, wine and café, Indians on honeymoons and French Catholic Weddings.

Every city you visit, you fall in love with it. Its grandeur leaves you in awe and wonder, Paris, however does no such thing. Every time you visit this city, it feels like home.

A warm cozy place, nestled in one corner of your home, hot chocolate in the mug, Christmas lights on and unwrapped presents lying around on the bed after a tiring day at work. That is what Paris is. It isn’t big adjectives and difficult menu cards.

It’s simple and plain and everything in between.

-Sarah Kari

TRIAL BY MEDIA

Does It Help Us In Any Way?

Trial by media, prestitutes, paid media and many other derogatory remarks are referred to the media be it the Print, Broadcast or the social media. The power of media has increased substantially over the years. The recent illustration of the mistrial by media can be evident when the Allahabad High Court acquitted the Talwars' after 9 years of investigation, court trials, and imprisonment.

Any form of media be it the Television News Channels or Online News flooding on social media does impact public opinion. In Arushi Talwar's case, the Judges convicted Arushi's parents on circumstantial evidence. In this case, many journalists and media channels pronounced the verdict on the basis of the statements of so-called "impeccable sources" under the veil of anonymity. Every news channel in the quest for exclusivity came up with different facets of the story with Talwars' being the prime accused as the common factor.

Democracy empowers the citizens as the supreme source of authority. When there is a breakdown of the Legislature, Executive and the Judiciary the Fourth Pillar media or Press has a pivotal role as the watchdog of the functions of the Government and society at large. Even the judiciary on the basis of investigative journalism and several reports have taken up cases by using the cognizance of suo moto.

Considering the power of media and its massive outreach, media has turned into a market to grab the eyeballs of its viewers and readers with emphasis on increasing TRPs (Television Rating Point). There is a competitive environment in the quest for a sensational story. At times atmosphere created by the media in any case before the verdicts of the judiciary, can adversely affect the reputation or tarnish the image of the accused and the people involved in a particular case. The media tend to impede the privacy of people involved.

In High profile cases involving celebrities or politicians, or huge breakdown of Government machinery,



we often see there are no clear answers by the police authorities or by the bureaucrats. Not all but most of the cases in India there is no clear communication by the authorities on the local level or the top officials so in a broader sense a journalist is under a severe pressure and would lead journalists to find sources. There is a possibility of these sources giving out irresponsible statements with demanding anonymity and this often leads to distortion of facts and virility of false information.

The increased role of the media in today's globalized and tech-savvy world was aptly put in the words of Justice Learned Hand of the United States Supreme Court when he said, "The hand that rules the press, the radio, the screen and the far-spread magazine, rules the country." Therefore, in a broader sense, media Trials are harmful and certainly violates the freedom of the press. Therefore there is a dire need for "Communication with Credibility." However, it is not only the media but also on the part of the authorities to create transparency if the responsible officials speak openly we can certainly avoid such " Media Trials."

-Rahul Bagwe

DECEMBER PLANNER

YOUNGP

SUNDAY	MONDAY	TUESDAY
31		
3	4	5
10	11	12
17	18	19
24	25	26

WULSE

NOVEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

JANUARY

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1	2	3	4	5	6
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30	31				

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2
6	7	8	9
13	14	15	16
20	21	22	23
27	28	29	30

ENTERTAINMENT

Why Should It Be A Part Of Our Lives?

Entertainment. Entertainment. Entertainment.

Well, what do you we actually mean by that? Something which can lighten up your moods.

At the same time provides us with informative and makes us smarter. Mentally equipped with the required knowledge. Not to forget, Amusement and relaxation in the true sense of the term, right? In this modern era, we have innumerable sources for our entertainment, be it offline or online.

But back then? How do you think the people in the olden days enjoyed themselves with no computers, no laptops and mobile phones. No internet! Bizarre, right? **WRONG.**

Of course, due to the advancement in science and technology we have a myriad of options to entertain ourselves and also divert our minds from the stress but everything has it's pros and cons.

Earlier back in the day, people played various interesting games, visited fairs, witnessed the delightful puppet shows, not forgetting the performances in the theatres, musicals, drama etc. These performances were appreciated in the royal courts as well.

I'm sure you're not unaware of the scenario of the mothers calling their children busy playing outdoors. Hello to the present time, it's not the same now.

People are more into online entertainment and of course there's nothing wrong in that.

Everything in correct proportions serves the purpose. It's just that being too available online may break connections with our offline members. That shouldn't be acceptable.

Irrespective of what age and era you are from, entertainment will do what it does best; ENTERTAIN! Whether it's back then or right now. Let's just go through it, shall we?



1. It's a stressbuster: Oh yes it is. No matter what the situation is. How shitty you're day was. A chilled drink, your favourite comfort food and some good music of your choice or an electrifying game of football with your buddies and maybe then a cool web series after that? Life sorted. Right?

2. A source of inspiration: No doubt looking at a brilliant and a graceful dancer performing on stage gives you goosebumps but it certainly gives you that strong dose of inspiration as well. A jolt to your 'CREATIVE YOU'.

3. Information of course: What better than some awesome information along with great entertainment? Nobody likes being bored with the monotonous serving of information without an interesting manner. Not me!

4. Learning experience: It maybe the source of entertainment from no matter which time, reliving it. Learning from the times back then is always a good option, no?

5. Stimulates the brain- It awakens your mind and leads you to think and to dream. You may never know watching a play in the theatre may light up a fire within you. Or maybe looking at a strong and confident reporter may motivate you strongly to take that plunge. You. May. Not. Know.

6. Options to choose from: Ranging from outdoor games to sitting and writing. From singing to drama and infinity. The list just goes on. You need to decide.

7. Respect for art and culture: When you start gathering information and take an interest to being creative, you gradually develop a deep sense of respect for the people in the field and begin to enjoy yourself which brings me to another point...

8. You enjoy : Yes. You do. Forgetting the pain and the strain. You learn to live life. Life which is meant to relish.

So why not create your own happiness, your own entertainment. There's so much to learn. The time may change but entertainment may serve you with immense treasure and pleasure. So why not merge the old and the new times?

-Himshweta Dubey

UNCORNERED

LEARNINGS FROM THE CORNER OFFICE



LUIS MONIZ

BLOOMSBURY

UNCORNERED: LEARNINGS FROM THE CORNER OFFICE.

We live in a Vuca world, a world where conditions and situations can be volatile, uncertain, complex and ambiguous. The boss who sets the targets may leave mid-way and the year-end performance is reviewed by a new boss, or the key targets set at the start of the year may become redundant as the organization faces new and unexpected challenges, or the company might get acquired by another company. In such turbulent times, “the risk of becoming redundant and the need to reinvent one’s career suddenly becomes very real and one cannot depend on one’s employer to solve the crisis in such situations”, writes career and executive coach Luis Moniz in his new book *Uncornered: Learnings From The Corner Office*.

The word “Uncornered” is coined by Luis Moniz and he defines it as a key attribute to achieve superior success in a turbulent world.

The book highlights that the traditional themes of loyalty, hard work, dedication and dependence on our employers for career progression are no longer effective for our success. We need to take charge of our careers to achieve superior success compared to our peers.

After acquiring a degree and entering the corporate world, professionals often face a “what next?” situation, constantly floating on their minds and often these situations are beyond their control. They try to emulate their role models to seek practical guidance. Therefore, there is a need to adopt new methods and approaches that will enable them to achieve their professional aspirations which this book rightfully offers.

The book consists of three themes: Mindset, Performance, Enablers which helps the readers to widen their perspective and have a proper process right from adopting a mindset to implementation through performance and enabling oneself to achieve his or her professional aspirations.

The book is timely and topical. Full of insights from professionals performing exceptionally well in their careers who are interviewed by Luis Moniz. The best part is the storytelling format which makes it riveting with perspectives and key learning.

Each one of us has enormous potential as a professional and this book can be useful to change our self-belief about ourselves and widen our perspectives and envision our careers understanding the rapidly changing world.

As an 18-year-old in an undergraduate course, this book has helped me to understand the magnitude of the constantly evolving world and that a disruptive evolving technology can replace manpower. To my mind, it is imperative that apart from our degrees there is a need to develop a skill set. We need to understand as aspiring professionals that to achieve our goals we need to view our careers as series of roles and to maintain our focus on upgrading ourselves by courses, skill development programmes, workshops for creating credentials which are relevant for our possible next level roles. I recommend this book to everyone who is seeking guidance or are stuck in their mid-careers.

-Rahul Bhagwe



*We Are All Youngsters
We Are Your Market*

*But We Don't Know You
We Don't Know Your Company*

**MAKE YOUR BRAND VISIBLE TO THE YOUNGSTERS
ADVERTISE IN THEIR MOST LOVED MAGAZINE**

**CONTACT US FOR AD OPTIONS ON
86929 01234**

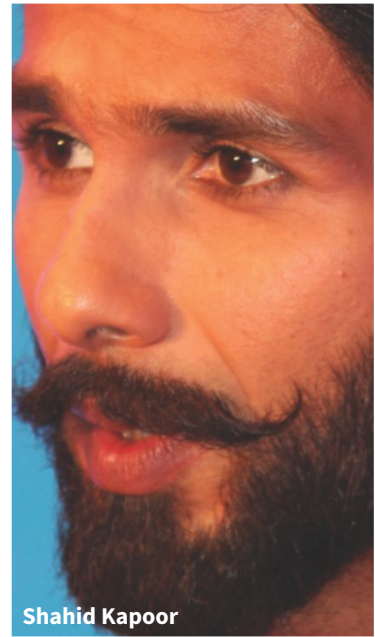
YOUNGPULSE

EVENTS

JIO MAMI FESTIVAL

Faces that made Mumbai Film Festival!

held from Oct 12th -Oct 18th



Shahid Kapoor



Deepika Padukone



Sonam Kapoor



Festival Director, Anupama Chopra



Kiran Rao, Festival Chairperson



John Madden, Celina Jade - Jurors



Young Pulse December 2017 27

Work from a smart, enabled office without the hassle of owning it.

The Space is a dynamic network of office spaces designed to help your business grow. Currently located in Mumbai and Pune, The Space is equipped to meet all your daily office needs.

We're a community of like-minded creatives, freelancers, independents, start ups, small and medium businesses that work in a collaborative and supportive environment full of zest & ambition.

So come, plug in and get that engine churning.

Facilities



Community Manager



Uninterrupted Wifi



Printer Services



HD Projector



Conference Rooms



Interaction Spaces



Community Experience



Tea/ Coffee Facility



Step into your Space



Create.
Cowork.
Inspire.

hello@the-space.co.in | www.the-space.co.in
Mumbai: +91 99306 80203 | 022 21 647 711
Pune: +91 96070 88600

Office 504, Rachana Park,
360 Degree Business Park, 3rd Floor, Atreya Society,
Checknaka, LBS Marg, Mulund (W), Off Senapati Bapat Road,
Mumbai 400 080 Pune 411 016

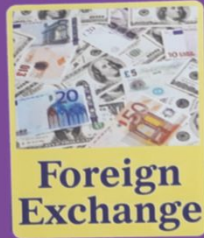
TRAVEL WORLD HOLIDAYS



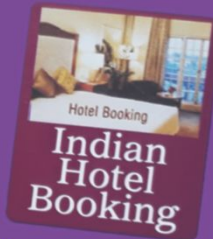
Passport



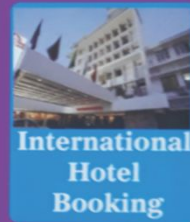
Visa



Foreign Exchange



Hotel Booking
Indian Hotel Booking



International Hotel Booking



Travel Insurance

Travel Insurance



Package Tour



Air Tickets Domestic & International

CONFERENCES
INCENTIVE TOURS
PILGRIMAGE TOURS
COUPLE TOURS
CAR RENTAL
LIC CONSULTANT
RAILWAY TICKETS



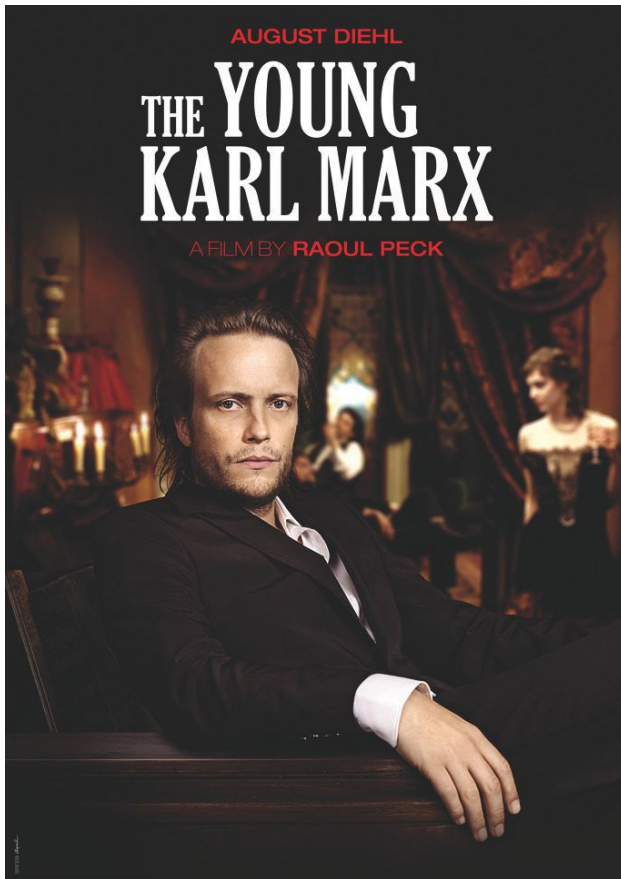
Quality is our responsibility...

Travel World Holidays

Off No. G-8, Ground Floor, Ecstasy Business Center, City Of Joy, J.D. Road, Mulund (W) Mumbai 400080
Ph: +91 9892029466 / +91 8693843120 / +91 9699071080 / +91 2225929466
Website: www.twhindia.com Email : travelworldholidays1@gmail.com

The Young Karl Marx

The finest of French Cinema at the 19th MAMI Film Festival



The 19th MAMI film festival screened some of the finest World Cinema and Indian cinema and there was a global audience who came for the festival which happens every year in October. Over 200 films from different countries, Masterclasses and Half Ticket for children the crowds were huge at all the PVR venues which was the screening venue for the MAMI festival. Some of the French films shown included Felicite, Bright Sunshine In, The Workshop, Redoubtable, Sleeping Beauty and The Young Karl Marx among others.

The Young Karl Marx directed by Raol Peck is a film based on Karl Marx in 1844 in Paris. The film has an amazing star cast and superlative performances.

Karl, the son of a converted Hebrew is all of 26 and is a free spirited man and thinker and philosopher. He is married to the daughter of one of the oldest and most reputed families. The two are very much in love with each other. But Karl does not earn much from writing articles and he can barely meet the expenses of his family.

He then meets Friedrich Engles, the son of a factory owner who is also writing a book on the working class

in Manchester. Friedrich takes a liking to Karl instantly and soon they become friends.

The film highlights the labour movement and issues of poverty in that era and the importance of having a modern view of looking at things and nothing old school.

The film is a must watch for those who enjoy World Cinema. Raoul Peck's films often depict a close examination of privilege and race. He has also served as jury of many prestigious awards like Cannes and Berlinale.

Truly some of the best cinema was screened at the MAMI festival 2017.

Among the Hindi movies there were the Asian Premiere of The Hungry and The Song of Scorpions and there was also a special screening of JaaneBhi Do Yaaron paying a tribute to Om Puri and Kundan Shah.

-Divya Jain





What is Zumba fitness?

Zumba is practiced in an environment with energetic music and is composed of a mixture of aerobic and dance movements. The steps are formed using hip-hop, mambo, merengue, salsa, samba and soca. Steps also include lunges and squats. It assures fitness and weight loss results done in a fun enjoyable way.

Zumba fitness has evolved and transformed over a period of time. It offers a number of fitness alternatives. Zumba sentao, Zumba gold toning, aqua Zumba, etc are some of its variations. These alternatives vary with locality, country and training instructor. Zumba fitness is sold in DVDs, videogames, seen in television programs and so on.

Zumba, created since past two decades is helping people globally to become fit using the base of dance. Zumba Fitness LLC owns the trademark rights of the Zumba dance.

History on Zumba Fitness

Zumba Fitness, its owner does not charge licensing fees to fitness centres and gyms. More than 15 million people participate in the Zumba fitness program spread over 2 lakh locations across more than 180 countries. Claudia Leitte, the world renowned pop singer from Brazil is the international ambassador for Zumba Fitness.

Alberto Beto Perez, was a celebrity fitness trainer. During the 1990s, he came across the idea of fitness based on dance concept using Latin-inspired music. Is so happens that on one occasion, Alberto



forgot to take music to the aerobics class. He took out a tape comprising of traditional Latin, merengue and salsa music and used it in the class. All members loved it. Then he improvised and modified the class to suit this music and thus was created a new concept of fitness. Alberto took this concept to USA and after heavy promotion and investment transformed into a global fitness concept.

Does it help to reduce weight?

Zumba Fitness is a dance based exercise class. As with other dancing exercise forms, you will burn calories and improve your fitness. An average class lasts from 45 minutes to one hour.

ZF is a mixture of aerobic and Latin dance moves. It uses the resistance of a person's individual body weight. Results will depend a lot on what you perform and which methodology you follow in the class. Different styles focus on different muscle groups to achieve desired results. In case of Zumba Toning style, people make use of light-weight sticks to form resistance and the target muscle groups are towards thighs, arms and abs. The dance form used in planning with a healthy balanced diet can work wonders in your weight loss program. Sometimes, people make assumption that that will use up about 800kcal and consume more calories as a reward tending to reduce the end result.

A few tips for beginners

- 1) Take reference from other members already doing the specific class.
- 2) Be on the watch for trainers with Look for accreditations. Zumba fitness is relatively new and not regulated totally. Also, inquire on their experience and qualifications.
- 3) It is an exercise form and participants must warm up and cool down to prevent injuries.
- 4) It is important to consult a doctor or exercise professional if you have any pre-existing health conditions. A high intensity aerobic workout could result in a heart attack. This brings us to the next point.
- 5) Work as per your own level. Do not overdo looking at other participants.
- 6) Doing on your own watching exercise DVDs could result in serious injuries if you do not perform properly.
- 7) For enhanced fitness and weight loss results, it is advisable to use a combination of Zumba classes and a resistance program. Also, take a planned and balanced diet to see the wonderful results.

Zumba is the in thing for weight loss and fitness in an enjoyable and fun manner. Have fun doing Zumba!

We All Face Those Funny And Embarrassing Moments At Times...

Those OOPS! Moments

THE BEST
SO FAR!



THE GREAT FALL

Once I was walking in the campus with a friend and I stepped on a pothole. I lost my control and fell down on the foot path. I got up quickly and laughed it off... I hoped no one saw me. However with a few minutes one of my male friend typed "Saw you fall some time ago... are u ok?" on our class Whatsapp group and the whole class got to know about it! I felt so embarrassed. It seemed he passed that way in a friends car and saw me fall! Someone please ban the potholes of Mumbai!

Vrushali G, 20



NOT A RIGHT CHOICE

Once I was at a mall and was purchasing a shirt for myself. I tried hard but couldn't find one that I would like. Just as I was about to leave I saw a beautiful styled shirt few meters away from me. I raced as fast as I could to grab it and just as I was about to lay my hands on it I realized someone was wearing it! The girl was just standing still with her back to me and I thought it's a shirt on the hanger! I felt very embarrassed as the guy with her realized I was up to something... I got away from there in no time!

Neelima S, 21

THE SECRET MESSAGE

Once I was at my cousin's place during holidays. I found that a guy in their building was very cute. I wanted to ask my cousin about him but was too shy. I would see him when he would come down to play with other boys. Once I saw him throw a crumpled paper ball as he entered the building. I was sure it was a message for me. So after all the kids left, I slowly went down again and picked the paper ball and opened it - only to realise it was just a paper that was used to pack bhel! So Much for Swachh Bharat!

Tanvi Shah, 19



SHOW OFF THAT DIDN'T WORK

My best friend Veena and I were once strolling in our building complex. She had come visiting my home and was quite impressed by the complex I stayed in. She said she was envious of the swimming pool and the gym we had. I tried to be a little pompous and said the people there were very nice and stylish and intelligent. Just then a car entered the complex and the person inside pulled down the glass and spat outside! I was so embarrassed. Thankfully she acted as if she didn't noticed it!

Jhanvi Sethi, 18



Share your funny and Oops type of embarrassing moments with us so we can share the same with others!

Email us at : oops@youngpulse.in

www.YoungPulse.in



Persona Skill Development Institute

We have courses for College Students, Engineering Students, MBA students, and Aspiring MBAs & CAs in the following areas:



Personality Development
Soft Skills Training
Group Discussions, Public Speaking & debating
Critical Thinking
Spoken English (Advanced)



www.personaacademy.in

Mobile: 9619545460



plaksh

Ayurved Skin Wellness Clinic

Dr. Purnali Takale

9987040415

Winter Offer



20% Discount on all Treatments



Skin & Hair

- ⇒ Acne & Scars
- ⇒ Pigmentation
- ⇒ Antiageing
- ⇒ Dark Circles
- ⇒ Stretch Marks
- ⇒ Hairfall
- ⇒ Hair Regrowth
- ⇒ Stem cell Therapy

LIMITED PERIOD OFFER

Visit With Prior Appointment Only

101/A, 1st Floor, Ashwa Villa, Dr. R.P.Road,
Behind Syndicate Bank, Mulund(W), Mumbai -400080.
© 10am to 7pm ✉ plakshclinic@gmail.com

Ayurvedic & Panchkarma Treatments

Love At First Sight!

Is It For Real?



“I want to grow old with you, Rehaan” typed Siya’s trembling fingers.

Forcefully closing her eyes shut and making a quick prayer to see yes as a reply she tapped the send icon.

Feverously she checked her phone at least 100 times in the last 10 minutes. Many questions surfaced her mind, why is he not replying? Did he even read the message yet? What would he be thinking of me? I was just helping him to get away from a torturous past; how could I myself end up falling for him? What if he doesn’t share the same feeling for me? He has parted ways from his four-year-old relationship last month. Ofcourse, his answer would be a no. So stupid of me to even confess it, now that it would affect our friendship as well.

At 3:00 a.m. when the whole of India was fast asleep, she was wide awake thinking of all the pros and cons of her uncontrollable step. Just then her phone beeped and a message flashed, it read “I fell for

you the moment I met you, Siya. I was astonished seeing how can a girl be so perfect, so beautiful yet so intelligent. You gave me a reason to smile again, to welcome happiness again” he added.

“I love you” Siya replied with a fresh curve on her lips.

Their three years of bachelors and two years of masters vanished away like clouds in the sky. It was no less than living a dream. She was sure Rehaan was the one she wanted to spend her entire life with, her soul mate. Every time they fought, he just knew to convince her. They had weaved their future in such a way where nobody else could a loop hole to demolish it.

In the past five years, they had come a long way, from being fresh buds to blooming into a complete flower. They had been through thick and thins of life hand-in-hand. In spite of all the fights and arguments, they stuck by each other only because of their “never give up on each other” attitude.

Soon after completing their masters, she got placed in an advertising agency of Mumbai and Rehaan joined his family business. Promptly their meet-ups turned up to be infrequent, steadily their phone conversations consisted of only quarrels. The word commitment began to haunt them day in and day out.

Rehaan belonging to a conservative Gujarati family knew it was next to impossible for his parents to nod their heads vertically for this Bengali girl. The fear of his parents not agreeing with his choice was a reason good enough for him to not stand up, yet he kept on pacifying Siya and gave her hopes.

Siya on the other hand, was determined no matter what she would convince her family for her choice but only when the right time comes. Keeping in mind most of the Bengalis marry at a later age unlike Gujaratis, thus wanting to convince Rehaan’s family first.

Their “never give up on each other” attitude soon hit a hard rock when Siya learnt from a third person that Rehaan without even bidding a proper goodbye had said yes for marriage to a Gujarati girl his family approved as an ideal daughter-in-law. After five and a half years as the clock struck 3.00 a.m. her mind flooded with flashes of their togetherness, the “I want to grow old with you” her fingers typed, the “I fell for you the moment I saw you.” Her mind interrogated her heart, “was he lying all the while?” Her mind further probed “Why didn’t I analyse that its practically not possible to fall for somebody at first sight when you are out of a recent break-up?”

When her tired body started to give up in need of rest, her mind quickly answered “I did not know what love at first sight is, how true or myth is it. But, now I surely know love is blind, it makes you believe in the myths”

-Malobika Banerjee

Build wealth through a steady investment



Systematic Investment Plan Expect sizeable savings in the long run

What is SIP?

Like a recurring deposit, **Systematic Investment Plan** works on the principle of regular investments, where you put aside a small amount every month. What's more, you have the opportunity to invest in a Mutual Fund by making small periodic investments in place of a huge one-time investment. In other words, **Systematic Investment Plan** has brought mutual fund within the reach of common man as it enables anyone to invest with a small amount on a regular basis.

Benefits

- Imparts financial discipline to life
- Start investing with small amounts
- Invest irrespective of market conditions
- Cost averaging helps neutralize market volatility
- Enhance possibility of better returns

Starting SIP

- Set your financial goal
- Decide the amount of periodic contribution
- Choose frequency of payment
- Furnish information on enrollment form
- Choose mode of payment - PDC / ECS

An Investor Education Initiative



to know more, please visit www.licnomuramf.com/Investor-Education

MUTUAL FUND INVESTMENTS ARE SUBJECT TO MARKET RISKS, READ ALL SCHEME RELATED DOCUMENTS CAREFULLY.

STAR CRAZE



Dec 22 - Jan 19

Keep an eye on what you are eating. Tummy ache is likely in the last few days of the month. Try to join a gym or swimming classes as you need to freshen yourself physically.



Jun 21 - Jul 22

You may have to take some tuff decisions regarding education or some medical emergency. Take this time as a challenge. Distant relatives will try to connect with you again. Don't reveal secrets to your close friends.



Jan 20 - Feb 18

There is some reason for you to keep smiling during this month. Your positive attitude starts to work in the new direction. Few of your friends may question your behaviour.



Jul 23 - Aug 22

Love life seems to shine this time. The special one runs into you at a public place and you strike a conversation which you feel proud about. Keep in touch with that person. Such moments are rare!



Feb 19 - Mar 20

There is romance. If you are the lucky one to already have someone special in your life then the feeling will only get stronger. There are no mood swings. Dinner with friends will make you feel special.



Aug 23 - Sep 22

You are looking for some good clothes at malls or fashion stores but are not content with what you see. You end up buying stuff which you don't like. Be careful when commuting to work or college.



Mar 21 - Apr 19

You look at your old books and artefacts and recollect the old times but realise that you have to move ahead. You start taking interest in issues concerning a neighbor. Good luck!



Sep 23 - Oct 22

Your financial situation is likely to improve this month. Maybe a promotion or a better job is waiting for you. Show your best to the teams that interview you. Health problems can be an issue.



Apr 20 - May 20

You may tend to feel lonely and out of touch with the people and immediate world. Don't worry about a love affair that has come to an end. New ones enter your life only when the old ones move away!



Oct 23 - Nov 21

Travel is on the cards. You happen to learn to look at yourself and meditate during this travel break. Someone close will try to move away but that would be only for a brief period. Be happy!



May 21 - Jun 20

Money is the central theme of this period. There could also be romance and even marriage. You meet someone who makes your heart miss a beat. You may get a new pet and spend most of your time with it.



Nov 22 - Dec 21

Few of you will undergo special training at work place. You may feel tired at the end of the day but believe me it's worth the trouble. A small party at home will bring in few unexpected guests!

Finance, Advice & Opportunity

TMB MSME Credit offers you all
for your growth and success in life



Micro, Small and Medium enterprises constitute an important growth engine of economy. The growth of this sector is crucial for job and wealth creation. At TMB, we are committed to providing full-fledged support to the MSME Sector.



TMB's financial assistance to MSMEs

We encourage people with entrepreneurial attitude and viable dreams. Be it your business expansion or an idea for a new venture, if you think you have the will to succeed, you can be sure TMB will fuel your dreams.

Project Finance | Term Loans | Working Capital Finance

Low Rate of Interest | Quick Processing



Can be applied online also

TMB Tamilnad
Mercantile
Bank Ltd

Be a step ahead of life

Toll Free Number : 180 0425 0426 | www.tmb.in | [tmbstepahead](#) | [tmbLtd](#)

FASHION TRENDS FOR COLLEGE GOING GIRLS

Youth is the most energetic, enthusiastic and fashion loving category of any country's population. They like to try out the latest fashion trends, styles, music and of course the Accessories. College fashion has been merely about dressing up just another day. A fashion trend has the perfect variety available for youngsters, a collection that is not only inspired by their moods and trends, but is also as glamorous as their dreams and hobbies. Move aside plain Jane, as it's time to welcome the most stylish outfits and accessories.

Some college campuses are more "Abercrombie" than others. We know what thoughts go when you are preparing for the first day in college by updating your wardrobe with stylish outfits. In most cases, though, there's not going to be nearly as much pressure to fit in with the latest fashions as there was in high schools.

But picking outfits that don't grab unwanted attention must top your list! With several dress codes being imposed, it is important to stay stylish yet abide by the rules of the college. Choose what kinds of clothes



should you bring to college? We have some practical fashion tips.

College going girls are deeply interested in the modern trends and latest fashion in the way they carry themselves, the accessories they carry and the shoes they wear. They are interested in getting rid of the old fashioned clothes and shoes and want to develop a new wardrobe that is in latest trend.

Mr. Raj Khatri, Chairman of The Bling Stores said, "We believe in helping women feel beautiful every day. Our collections are unique, easy, elegant and reasonably priced. Our products can be purchased online starting from just Rs.200. The website has been designed in a way to encourage easy and convenient browsing and is also mobile friendly. We also offer an easy return and refund policy as well as COD for all our products. We have a very accessible customer service for any queries while purchasing."

Go to www.theblingstores.com for the latest in styles!

Valaryy Beauty Saloon

(Only For Ladies)

**BEAUTY PARLOUR AND CLASSES
PROFESSIONAL / MAKE UP ARTIST**

PACKAGES

Cleanup, Full Hands With Under Arms, Half Legs,
Full Legs, Treading, Oil Massage, Manicure,
Pedicure, Bleach, Facial, Any Haircut.
Straightening, / Smoothing, Root Touch Up With
Highlights.

**Free
Membership**
Special Offer :

**20%
off upto**



Shop no.4 , Simbradevi Co. Op.Ho.Society Ltd,
Plot No.106, Tilak Road, Dr.M.P.Vidya Marg,
Ghatkopar (East), Mumbai :400077.

Prachi - Mob : 9773261477 / 8850000617

REVAMP

Hair and Beauty Unisex Salon

Contact : Anwar H Shaikh
9224344393

134 Ab Gala Kunj Apt., Jawaharlal Nehru Road, Opp Vani Vidyalaya School,
Mulund (W) Mumbai 400080 7506543083

CLASSIFIEDS



YOUNGPULSE

**NOW AVAILABLE AT ALL THE LEADING BOOK
STALLS ALL OVER MUMBAI, NAVI MUMBAI
AND THANE**

ALSO AVAILABLE AT

CROSSWORD

DISTRIBUTED BY : RAJ DISTRIBUTORS

Hey!

crêpes // PIZZA // Pasta // BURGERS // Desserts // Breads

D'CRÊPES CAFÉ
crêpes & more

HELLO

HIRANANDANI MEADOWS

SHOP NO 22. BLOCK NO.1 EMERALD PLAZA .THANE

022- 66738725

We take orders for Cakes

D'CRÊPES CAFE
SHOP NO 9, ANTHURIUM RUNWAL TOWER, LBS MARG,
NEAR VEENA NAGAR, MULUND (W) , MUMBAI

022 65008787

HIRANANDANI ESTATE

SHOP NO. 2. AVILA BLDG. NEAR GODREJ NATURES BASKET.THANE

022- 42807555/25307555

Indian Movies

Do they influence our outlook towards our society?



can do is to choose wisely what we should watch.

Indian movies specifically Bollywood is a huge platform which allows you to have a roller coaster ride on various emotions, understand layers of arts. Showcase variety of subjects and lot more.

There are films like Pink, 3 Idiots, Queen etc, which gives us inspiration to be of our kind in life, which teaches us the real values of life, which tells us how we can enjoy our lifetime.

A movie plays high on emotions, be it anger, hate, love or jealousy, cinema is a medium people can relate the most to and hence is easily grasped. When you watch a quality movie like Lajja, where you see the female leads fighting all odds and winning, you would come out of the theatre respecting the women's around you who not necessarily fight violence, but do face a lot of hurdles in accomplishing what they want. On the other hand, when you come out of the theatre watching a movie where the lead is committing all kinds of crimes and getting away with it, only because he is the HERO, adds no value to your life and to your time.

You spend your time, you invest your hard-earned money, and then when you come out with a changed yourself for good, you yourself would feel accomplished. It's not that Indian movies are not worth a watch or its not worth your minutes, there are lots of films which can completely change your life and take you to a complete different level of understanding, given a fact that...

"YOU CHOOSE WISELY"

A time well spent, is a time well learned!

-Malobika Banerjee

"A tall, dark and handsome man pulls a damsel in distress towards him, and the girl tries her best to get away from his clutches" we aww at such scenes, the romantic side of ours feels for the man who wants to caress her cheeks, blow light wind to her untangled tresses. Ever thought? Maybe this time not the romantic side, but the logical side of ours should feel for the girl who is trying to free herself from his hands. Maybe sometime we should think what happens when a man behaves in the same way with us? What happens when a man touches us girls without our consent? Would we still aww at the fact that the man is feeling romantic or would we focus more on the point that No, this is not something I have asked for.

There is a particular crowd out there, who enjoy watching and dancing to the tunes of songs which are apparently titles as "Item songs". The

catchy music, the fresh instruments, the lyrics which will make you tap your feet – everything is so enthralling about that song called "Item song", it is fun to see men's whistle around a lady who is dancing at the stage or in and around the pole. Ever thought? How would you feel when you are at a club enjoying a peg of whisky with your friends and a man passes by whistling at you? Would you just let him be a passer-by? Or would you take up the effort to stand up and give him a piece?

When watching a movie, we usually tend to throw all the logic behind, simply because we who run day in and day out in our personal and professional world need some quality time where we can just sit back and relax, making sure we do not think of anything and just enjoy. This art of human tendency is not wrong, we humans too deserve a break from everything around us, and all we

stitch & style

FOR ELEGANCE AND STYLE

There's nothing like looking your best to set a great first impression. We will get you dressed for success



stitch & style

ELCO Market Shop No : B' Wing B/111

Hill Road, Bandra, Mumbai 400050

Call : 9820313067 / 9987333315

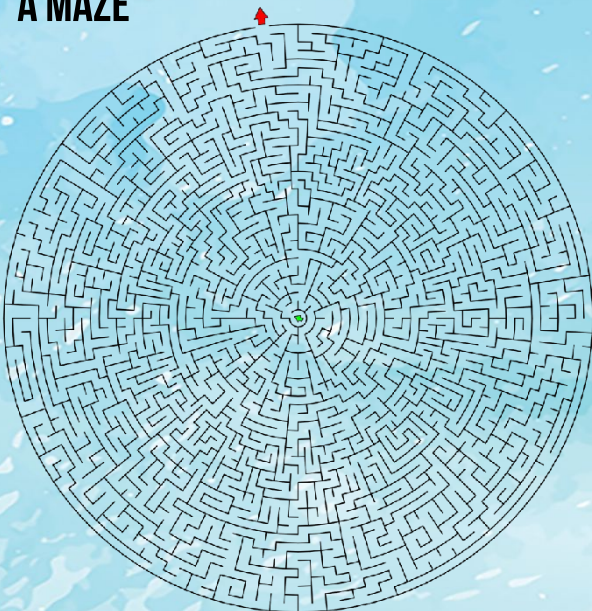
Fun Pulse PUZZLES
And More
 Activate **YOUR** Brains

SUDOKU

	5	4				2		
		1	6	8				
6		3	4	9				1
	9	2		3				
5	8	6				9	7	3
				6		1	8	
2			4	7	6			5
			5	6	3			
		5				7	1	

Fill in the blank squares so that each row, each column and each 3-by-3 block contain all of the digits 1 thru 9. If you use logic you can solve the puzzle without guesswork!

A MAZE



WORD SEARCH

S	L	I	D	E	D	N	E	R	I	S	Y	N	L
W	A	Y	S	I	D	E	S	N	A	B	R	U	T
E	E	K	O	H	C	O	M	R	A	D	E	S	T
E	F	L	I	N	G	O	B	E	E	E	V	E	O
T	N	A	N	G	I	O	P	A	A	K	E	K	D
D	E	H	C	T	I	W	T	E	E	N	C	E	U
G	U	C	I	F	I	C	E	P	S	A	D	O	L
S	R	O	T	I	U	S	L	V	L	R	G	S	L
E	A	N	N	L	W	C	I	B	I	C	A	E	E
F	L	D	A	M	O	I	F	B	A	V	M	O	R
L	O	O	D	Y	V	R	E	I	D	A	E	B	C
A	R	R	J	I	E	Y	D	E	S	I	A	R	B
R	A	G	T	A	N	L	E	S	S	E	N	I	V
E	C	I	O	H	C	G	R	O	U	P	I	N	G

- | | | | |
|---------|----------|----------|----------|
| Abode | Comrades | Forth | Sweet |
| Adding | Condor | Grouping | Teens |
| Antic | Copes | Lessen | Turbans |
| Beadier | Cranked | Lockers | Twitched |
| Birded | Defile | Lyrics | Vines |
| Black | Demean | Neural | Waysides |
| Braised | Duller | Poignant | Woven |
| Cajole | Eager | Revive | |
| Choice | Every | Siren | |
| Choke | Filmy | Slide | |
| Coarse | Flare | Specific | |
| | Fling | Suitors | |



KAKURO

		4		14					
			3						3
	16		20						13
13									4
	17			4	4				4
				17	9				
	16								27
		27							
							14		4
		3					3		
								20	9

Kakuro puzzle is like crossword and sudoku. Instead of alphabets, it uses numbers from 1-9 without repetitions. The total should match the clues given at the end of the rows and columns.

**SLS
PUNE**

SYMBIOSIS LAW SCHOOL, PUNE

Survey No 227, Plot 11, Opp. Pune Airport, New Airport Road, Viman Nagar, Pune 411014

Tel: 020 - 66861100/03 | Mob: 08380020926/27/28

**LEAD WITH LEGAL
EXPERTISE BUILT ON
THOUGHT REFORM**

Study at SLS, Pune, the Best Private Law School in India

2017 Admissions Open for BA LL.B. (Hons.) & BBA LL.B. (Hons.)

Key Differentiators

- Ranked 2nd among Top Leading Law Schools of Super Excellence, 2016
- India Runner up, Phillip Jessup International Law Moot Competition, 2017
- Winner of Prof. N.R. Madhava Menon SAARC Mooting Competition, 2016
- Winners, Herbert Smith Free Hills Community Legal Engagement Award, 2016
- Lead partner in Erasmus Mundus & IALS Global Law School Network since 2007
 - Gold Star Award by Bar Council of India, 2013

For eligibility and other details, visit: www.symlaw.ac.in

Other Programmes offered: 3 Year LL.B. & LL.M. (1 Year)

Dr. Shashikala Gurpur, Director, SLS, Pune



SYMBIOSIS INTERNATIONAL UNIVERSITY

(Established under section 3 of the UGC Act, 1956)

Re-accredited by NAAC with 'A' grade

No capitation/donation is charged for admission to any programme at any institute of Symbiosis



Cafe Holy Pipe

Opp Krushal Towers
Near Shopper's Stop, Chembur
Call : 841 99 77 277